Victoria Francesca Grisanzio

Howell, NJ — thedancingfilmmaker@gmail.com — (732)-606-7746

PROFESSIONAL EXPERIENCE

CoMBo: Conditioning for MindBody Instructor - Rider University, Retro Fitness of Howell

September 2022 - Present (3 classes a week)

- Lead students through breathwork, Pilates and Yoga inspired conditioning, and dance all in one class.
- Design and teach injury-preventative movement, proper alignment, and choreography throughout a 45-60 minute class.
- Encourage students to become their best selves, full of breath, openness and strength, while experiencing a genuine sense of joy!

Party Motivator/Dancer - Xtreme Event Group

November 2021 - Present (1-3 parties a month)

- Collaborate with other Party Motivators and Emcees to help deliver the company promise of the best party ever.
- Motivate and engage with middle school students at Bar and Bat Mitzvahs.
- Energize the party for all members through high energy dancing and "follow the leader" type movements.

Assistant Dance Teacher - Howell Academy of Dance

August 2017 - Present (1 class a week)

- Assist teachers in training students ages 2-13 in ballet, tap, and the fundamentals of dance.
- Choreograph alongside main teachers and prepare students for upper-level classes and performance.
- Work the Spring Recital each year as a stage helper for dancers and parents.

MOVEMENT & PERFORMANCE EXPERIENCE

- Performed in Rider Dances under the direction and choreography of three acclaimed choreographers in the tri-state area: Laney Engelhard, Merli V. Guerra of Luminarium Dance Company & Lynn Neuman of Artichoke Dance Company.
- Certification in CoMBo: Conditioning for Mindbody wellness based movement/dance program offered through Dr. Kim Vaccaro of Rider University (certification will complete in Summer of 2022).
- Studied at the Princeton Ballet School for two years in connection with Rider's dance program.
- Danced as a competition dancer from ages 8-18.
- Creating a series of multimedia dance films that include painting large canvases with my improvisational and choreographed movements.

LEADERSHIP & RELATED EXPERIENCE

- Choreographer and Dancer Rider University, Rider Dance Ensemble September 2017 March 2020
- Guest Performances <u>Luminarium Dance Company</u>, Director Merli V. Guerra Spring 2018, Summer 2019, Summer 2022
- Project-Based Experience YouTube/For Stage Choreographed and performed in multiple independent dance films and productions.
- Student Observation Steven Spielberg's West Side Story with Associate Director of New Jersey Motion Picture and TV Commission, David W. Schoner, Jr. - August 2019

EDUCATION

Rider University, Lawrenceville, NJ

Bachelor of Arts in Filmmaking & Dance - Class of 2021 Summa Cum Laude

Rider University Semester in L.A. Program
Princeton Ballet School through Rider University

HONORS/AWARDS

- NBS-AERho: The National Electronic Media Association -Drama Program Script Finalist 2020
- Provost Academic Scholarship; Alpha Lambda Delta-National Honor Society for First Year Students; The Diane C. Carter Memorial Endowed Scholarship; CLAS Honor Society, Lambda Pi Eta - Rider University Chapter of the National Communication Honor Society; Dean's List
- > Special Award "Ray of Sunshine" by Rider Dance Ensemble
- Film Festival Selections & Winnings Listed within Portfolio

SKILLS & INTERESTS

Choreography French

Mind-Body Connection

Dance Instruction & Performance

Chess Cinematography